



LEARNING ALLIANCE AZIZ AVENUE

# Melange

2.0

**Study Guide | Sports**

# Futsal [Boys]

## Format & Rules:

1. Each team will consist of 8 players, including the goalkeeper ( 5 players 3 substitutes)
2. Trainers/Gripper and shin pads should be worn; cleats will not be allowed.
3. Each match will be 20 minutes, while the semi finals and finals will be 30 minutes each.
4. No player will be allowed on the pitch without a proper school kit.
5. Referee's decision will be considered final.
6. Discontentment towards the referee and abusive language will lead to a yellow card.
7. In case of a red card, the player is bound to leave the pitch and will not be eligible to play for the rest of the match.
8. Teams must report 15 minutes prior to the venue. If any team fails to show up within 10 minutes after the allotted time of their match, a walkover will be given.



# TABLE TENNIS [Boys/Girls]

## Format & Rules:

1. Boys & Girls singles matches will be conducted.
2. Each match shall consist of 3 sets of 11 points each.
3. If a player/team wins the first 2 sets, the 3rd set will not be played.
4. The serve will be decided through a serve toss
5. Players must report 15 minutes prior to the venue. If any player fails to show up within 10 minutes after the allotted time of their match, a walkover will be given.
6. Each player serves two points in a row before the serve is changed
7. The ball must be tossed straight upwards to at least six inches while serving
8. All other standard table tennis rules will be followed



# BASKETBALL [Boys/Girls]

## Format & Rules:

1. Each Team will consist of 8 players (5 players and 3 substitutes).
2. Each match will be 20 minutes long with four 5-minute quarters.
3. The 24 second and 8 second shot clock will be used during the game. Fouls like the defensive and offensive 3 seconds, 5 second back to the basket, traveling, double dribble, backcourt violation, goaltending, charges, blocking, flagrant and technical fouls will be counted.
4. The semi-final and final will be 40 minutes long with four 10-minute quarters.
5. If a player commits 6 fouls, they will be ejected from the game and will not be able to return during the match.
6. Players must report 15 minutes prior to the venue. If any player fails to show up within 15 minutes after the allotted time of their match, a walkover will be given.



# Badminton [Boys/Girls]

## Format & Rules:

1. Singles will be conducted
2. Each match consists of 3 sets of 11 points each. If a player wins the first 2 sets, the 3rd set will not be played
3. Referee's decision will be final
4. Standard badminton rules will be followed
5. Coin toss will be carried out to determine the first serve
6. Serve will only be played after referees whistle
7. Serve must carry cross court (diagonally) in order to be legal
8. Server cannot step forward while making serve
9. Double hits will result in a loss of the point
10. A serve or shot that lands outside the court boundaries, passes under or through the net, touches any other obstructions or a player's clothes or body is not allowed
11. A player cannot touch the net or its supports while the shuttle is still in play
12. The shuttle in play cannot be struck before it crosses the net to the striker's side of the net
13. Players can take one timeout of one minute per set
14. If a player fails to show up within 15 minutes after the allotted time of match, a walkover will be given



# Throwball [Girls]

## Format & Rules:

1. The team shall consist of 7 active players and 3 substitutes.
2. The match will be played for the best of 3 set with 15 points for each set.
3. Any ball to be released should be released from above the shoulder/shoulder-line only.
4. Double touch is not allowed for receiving the service ball.
5. A player cannot serve the ball before the referee's whistle and the serve ball cannot touch the net.
6. A player cannot jump while serving the ball.
7. A player cannot jump while catching the ball, but can while throwing the ball.
8. A player must serve the ball within 5 seconds of the whistle and must return the ball within 5 seconds of catching it.
9. Player/teams must report 15 minutes prior to the venue. If any team fails to show up within 10 minutes after the allotted time of their match, a walkover will be given.



# E-Gaming

## Format & Rules:

1. EA SPORTS FIFA 24 would be played on a PS4 or PS5 depending on availability
2. All registered players will play against each other in a single elimination format
3. Players can choose any team except for the All Stars teams.
4. Custom Formation, Tactics, Instructions are not allowed
5. Full Match to be played
6. Penalties if match ends in a tie
7. Half Time: 5 minutes (16 minute Final)
8. Injuries, Handballs, Manual Keeping will be off
9. General Rules: Decisions made by officials are final and unchallengeable



# **CHESS [Boys / Girls]**

## Format & Rules:

1. Boys & Girls may compete against each other
2. Each player will get 10 minutes on the clock with no increment.
3. Winner will be chosen according to the point system.
4. 5 rounds will take place.
5. All FIDE rules will apply.

## **General Rules for All Games:**

1. Decisions made by the officials will be final and unchallengeable
2. Any breach of the LA Melange Code of Conduct will result in disciplinary action and Learning Alliance reserves the right to use any measures deemed necessary for said action.
3. Participants must be dressed in their schools' sports kits and be in possession of their participant ID card at all times
4. If a team/ participant does not show up for their scheduled event at the stipulated team, the opposing team/ participant will get a walk over.

